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# KOSHER EXPRESS

# 美

Kashrus Supervision by the R C B C  
GLATT KOSHER CHINESE FOOD TO TAKE OUT  
SZECHUAN, HUNAN & CANTONESE STYLE

**Tel : (201) 791-8818**  
**(201) 791-3060**

www.FLKexp.com

Please Order By Phone

Two Blocks From  
Congregation Shomrei Torah  
**22 -16 Morlot Avenue**  
**Fair Lawn, N.J. 07410**

**All Products Made**  
**Here Are Fleishig!**

Sun. - Thurs: 11:00 am - 9:00 pm  
(Summer Time) Friday: 11:00 am - 3:00 pm  
(Winter Time) Friday: 10:30 am - 2:30 pm

PLEASE CIRCLE THE PRICE ON ITEMS DESIRED

## LUNCH SPECIAL \$7.50

(11:00 am - 3:00 pm) (with Fried Rice)

- |                               |                                   |
|-------------------------------|-----------------------------------|
| 1. Beef with Garlic Sauce     | 14. Kong Po Chicken               |
| 2. Beef with Broccoli         | 15. Hot Hunan Chicken             |
| 3. Pepper Steak with Onions   | 16. Szechuan Chicken              |
| 4. Beef with Snow Peas        | 17. Sauteed Mixed Vegetables      |
| 5. Beef with Mushrooms        | 18. Beef with Mixed Vegetables    |
| 6. Beef with Black Bean Sauce | 19. Beef Lo Mein                  |
| 7. Hot & Spicy Beef           | 20. Chicken with Snow Peas        |
| 8. Sweet & Sour Chicken       | 21. General Tso's Chicken         |
| 9. Sesame Chicken             | 22. Chicken Lo Mein               |
| 10. Moo Goo Gai Pan           | 23. Chicken with Eggplant         |
| 11. Chicken with Broccoli     | 24. Chicken with Mixed Vegetables |
| 12. Chicken with Garlic Sauce | 25. Kong Po Steak Ding            |
| 13. Chicken with Cashew Nuts  | 26. Chicken with Mushrooms        |

### APPETIZERS

- |  |                  |
|--|------------------|
| 1. Vegetable Egg Roll (Not Pareve)     | 1.99             |
| 2. Egg Roll                            | 2.25             |
| 3. Steamed or Fried Dumplings (6)      | 5.99             |
| 4. Steamed or Fried Veg. Dumplings (6) | 5.49             |
| 5. Cold Noodle w. Sesame Sauce         | 5.99             |
| 6. Fried Chicken Wings (Sm.)           | 4.49 (Lg.) 8.49  |
| 7. Fried Breaded Chicken (Pt.)         | 7.49 (Qt.) 14.99 |
| 8. Barbecued Beef Sticks (3)           | 6.49 (6) 12.99   |
| 9. Fried Wontons (12)                  | 4.99             |
| 10. French Fries                       | 2.49             |
| 11. Dim Sum (5)                        | 5.99             |
| 12. Steamed Wontons w. Garlic Sauce    | 4.49             |
| 13. B-B-Q Chicken Wings                | 8.99             |

### SOUP

(w. Fried Noodle)

- |                                 |      |      |
|---------------------------------|------|------|
| 14. Plain Clear Soup            | 1.00 | 2.00 |
| 15. Egg Drop Soup               | 2.50 | 4.99 |
| 16. Wonton Soup                 | 2.75 | 5.49 |
| 17. Wonton w. Egg Drop Soup     | 3.00 | 5.99 |
| 18. Chicken Rice or Noodle Soup | 3.00 | 5.99 |
| 19. Hot & Sour Soup             | 3.00 | 5.99 |
| 20. Chicken Yat Gaw Mein        | 6.50 |      |
| 21. House Special Soup          | 7.50 |      |
| 22. Vegetable w. Tofu Soup      | 6.00 |      |
| 23. Vegetable Soup              | 2.50 | 5.00 |

### FRIED RICE

- |                              |      |       |
|------------------------------|------|-------|
| 24. Plain Fried Rice         | 4.50 | 8.49  |
| 25. Chicken Fried Rice       | 6.50 | 12.99 |
| 26. Beef Fried Rice          | 7.00 | 13.99 |
| 27. Veal* Fried Rice         | 7.00 | 13.99 |
| 28. Vegetable Fried Rice     | 6.00 | 11.99 |
| 29. House Special Fried Rice | 7.00 | 13.99 |

### CHOW MEIN

(w. White Rice & Fried Noodles)

- |                                  |      |       |
|----------------------------------|------|-------|
| 30. White Meat Chicken Chow Mein | 6.50 | 12.99 |
| 31. Beef Chow Mein               | 6.50 | 12.99 |
| 32. Veal* Chow Mein              | 7.00 | 13.99 |
| 33. Vegetable Chow Mein          | 5.50 | 10.99 |
| 34. House Special Chow Mein      | 7.00 | 13.99 |

### LO MEIN

- |                           |      |       |
|---------------------------|------|-------|
| 35. Plain Lo Mein         | 5.50 | 10.99 |
| 36. Chicken Lo Mein       | 6.50 | 12.99 |
| 37. Beef Lo Mein          | 7.00 | 13.99 |
| 38. Veal* Lo Mein         | 7.00 | 13.99 |
| 39. Vegetable Lo Mein     | 6.00 | 11.99 |
| 40. House Special Lo Mein | 7.00 | 13.99 |

### CHOW FUN OR MEI FUN

(Large Noodles) / (Small Noodles)

- |                                      |       |
|--------------------------------------|-------|
| 41. Vegetable Chow Fun / Mei Fun     | 11.75 |
| 42. Chicken Chow Fun / Mei Fun       | 12.75 |
| 43. Beef Chow Fun / Mei Fun          | 14.75 |
| 44. Veal* Chow Fun / Mei Fun         | 14.75 |
| 45. House Special Chow Fun / Mei Fun | 14.75 |

### EGG FOO YOUNG

(w. White Rice)

- |                                 |       |
|---------------------------------|-------|
| 46. Chicken Egg Foo Young       | 12.99 |
| 47. Beef Egg Foo Young          | 14.99 |
| 48. Veal* Egg Foo Young         | 14.99 |
| 49. Vegetable Egg Foo Young     | 11.99 |
| 50. House Special Egg Foo Young | 14.99 |

Hot & Spicy Dishes

\*Our Veal is  
a Beef Product

### VEAL

(w. White Rice)

- |                                 |     |      |       |
|---------------------------------|-----|------|-------|
| 51. Moo Shu Veal* w. 4 Pancakes | Pt. | Qt.  | 20.50 |
| 52. Veal* w. Garlic Sauce       |     |      | 19.49 |
| 53. Veal* w. Scallions          |     |      | 19.49 |
| 54. Hunan Veal*                 |     |      | 19.49 |
| 55. Veal* w. Broccoli           |     | 9.50 | 19.49 |
| 56. Veal* w. Mixed Vegetables   |     | 9.50 | 19.49 |

### BEEF

(w. White Rice)

- |                                      |       |       |
|--------------------------------------|-------|-------|
| 57. Beef w. Broccoli                 | 9.49  | 18.49 |
| 58. Pepper Steak w. Onions           | 8.99  | 17.49 |
| 59. Curry Beef w. Onions             | 8.99  | 17.49 |
| 60. Beef w. Mixed Vegetables         | 8.99  | 17.49 |
| 61. Beef w. Mushrooms                | 8.99  | 17.49 |
| 62. Twice Cooked Beef                | 17.49 |       |
| 63. Beef w. Snow Peas                | 8.99  | 17.49 |
| 64. Beef w. Black Bean Sauce         | 8.99  | 17.49 |
| 65. Beef w. Garlic Sauce             | 17.49 |       |
| 66. Hot & Spicy Beef                 | 17.49 |       |
| 67. Beef w. Scallions                | 17.49 |       |
| 68. Kong Po Steak Ding               | 17.49 |       |
| 69. Moo Shu Beef w. 4 Pancakes       | 17.99 |       |
| 70. Beef w. String Beans             | 17.49 |       |
| 71. Beef w. Eggplant in Garlic Sauce | 17.49 |       |

### CHICKEN

(w. White Rice)

- |  |       |       |
|--|-------|-------|
| 72. Chicken w. Broccoli                | 7.99  | 15.99 |
| 73. Pepper Chicken w. Onions           | 7.50  | 14.99 |
| 74. Moo Goo Gai Pan                    | 7.50  | 14.99 |
| 75. Chicken w. Mixed Vegetables        | 7.50  | 14.99 |
| 76. Curry Chicken w. Onions            | 7.50  | 14.99 |
| 77. Chicken w. Mushrooms               | 7.50  | 14.99 |
| 78. Chicken w. Black Bean Sauce        | 7.50  | 14.99 |
| 79. Chicken w. Snow Peas               | 7.50  | 14.99 |
| 80. Hot & Spicy Chicken                | 14.99 |       |
| 81. Chicken w. Cashews Nuts            | 14.99 |       |
| 82. Chicken w. Scallions               | 14.99 |       |
| 83. Kong Po Chicken Ding               | 14.99 |       |
| 84. Chicken w. Garlic Sauce            | 14.99 |       |
| 85. Sweet & Sour Chicken               | 7.50  | 14.99 |
| 86. Moo Shu Chicken w. 4 Pancakes      | 15.99 |       |
| 87. Chicken w. String Beans            | 14.99 |       |
| 88. Chicken & Eggplant w. Garlic Sauce | 14.99 |       |

### VEGETABLE

(w. White Rice)

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|--------------------------------------|-------|
| 89. Sauteed String Beans             | 10.50 |
| 90. Eggplant w. Garlic Sauce         | 10.50 |
| 91. Sauteed Mixed Vegetables         | 10.50 |
| 92. Tofu Home Style                  | 10.50 |
| 93. Tofu Szechuan Style              | 10.50 |
| 94. Broccoli w. Garlic Sauce         | 11.99 |
| 95. Hot & Spicy Tofu                 | 10.50 |
| 96. Curry Tofu w. Onions             | 10.50 |
| 97. Moo Shu Vegetables w. 4 Pancakes | 10.99 |

### SIDE ORDER

- |                |                       |
|----------------|-----------------------|
| 88. White Rice | (Pt.) 2.00 (Qt.) 4.00 |
| 89. Brown Rice | (Pt.) 2.75 (Qt.) 5.49 |

**Purchase \$30.00 or More**  
**Get 2 Egg Rolls FREE**

One Offer Per Customer.

We Accept Cash, Checks and ZELLE  
PAY@FLKexp.com  
No Credit Cards Accepted

## CHEF'S SPECIALTIES

(Szechuan, Hunan & Cantonese Style)  
(w. White Rice)

- |  |       |
|--|-------|
| 1. SESAME CHICKEN  | 15.99 |
| <i>Crispy chicken chunks, dry sauteed in Peking sauce w. sesame seeds</i>  |       |
| 2. GENERAL TSO'S CHICKEN   | 15.99 |
| <i>Crispy-coated chicken chunks seasoned &amp; sauteed w. Chinese garlic sauce</i>   |       |
| 3. ORANGE FLAVORED BEEF  | 17.49 |
| <i>Sauteed beef w. dried orange peels &amp; Chef's special sauce</i>   |       |
| 4. ORANGE FLAVORED CHICKEN   | 15.99 |
| <i>Boneless chicken chunks sauteed w. fried orange peels &amp; broccoli in sweet &amp; spicy sauce</i>   |       |
| 5. HUNAN BEEF  | 17.49 |
| <i>Sliced tender beef sauteed w. broccoli, snow peas, &amp; red and green peppers, Hunan style</i>   |       |
| 6. HUNAN CHICKEN   | 15.99 |
| 7. SZECHUAN BEEF   | 17.49 |
| <i>Filet of beef garnished w. bok choy, red &amp; green peppers, water chestnuts, carrots, snow peas, straw mushrooms etc. w. Szechuan sauce</i> |       |
| 8. SZECHUAN CHICKEN  | 15.99 |
| 9. CHICKEN, BEEF & VEAL W. SCALLIONS   | 20.49 |
| <i>A combination of beef, veal &amp; sliced chicken, precisely balanced w. green scallions.</i>  |       |
| 10. LEMON CHICKEN  | 15.99 |
| <i>Batter fried chicken breast cut in bite size morsels, served w. delightful lemon sauce</i>  |       |
| 11. BONELESS CHICKEN   | 15.99 |
| <i>Breaded fried chicken w. mixed veg. &amp; brown sauce</i>   |       |
| 12. PINEAPPLE CHICKEN  | 15.99 |
| <i>Breaded fried chicken breast w. steamed broccoli, pineapple chunks &amp; topped with a golden yellow sweet sauce</i>                          |       |
| 13. SESAME BEEF  | 17.49 |
| <i>Filet of beef sauteed w. sesame &amp; Chef's special sauce</i>  |       |
| 14. DA CHIEN CHICKEN   | 15.99 |
| <i>Sauteed chicken pieces w. green pepper &amp; celery with a hot &amp; spicy sauce named after a famous Chinese artist</i>                      |       |
| 15. TRIPLE DELIGHT   | 20.49 |
| <i>Sliced chicken, beef &amp; veal w. carrots &amp; broccoli in House Special sauce</i>  |       |
| 16. SESAME MUSHROOM  | 12.99 |
| 17. GENERAL TSO'S TOFU   | 12.99 |

## SPECIAL COMBINATION PLATTERS

**\$10.99**

(Each Plate includes Egg Roll & Fried Rice)

- |                           |
|---------------------------|
| 1. CHICKEN CHOW MEIN      |
| 2. PEPPER STEAK           |
| 3. SWEET & SOUR CHICKEN   |
| 4. MOO GOO GAI PAN        |
| 5. BEEF W. BROCCOLI       |
| 6. CHICKEN W. BROCCOLI    |
| 7. CHICKEN LO MEIN        |
| 8. KONG PO CHICKEN        |
| 9. BEEF W. GARLIC SAUCE   |
| 10. HOT & SPICY BEEF      |
| 11. SESAME CHICKEN        |
| 12. BEEF W. SNOW PEAS     |
| 13. GENERAL TSO'S CHICKEN |

## STEAMED GLUTEN FREE MENU

(Steamed w. White Rice)

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|----------------------------------|------|-------|
| W 1. Mixed Chinese Vegetables    | 5.75 | 10.99 |
| W 2. Steamed String Beans        | 5.75 | 10.99 |
| W 3. Steamed Snow Peas           | 5.75 | 10.99 |
| W 4. Steamed Broccoli            | 6.25 | 11.99 |
| W 5. Steamed Eggplant            | 5.75 | 10.99 |
| W 6. Chicken w. Mixed Vegetables | 7.50 | 14.99 |
| W 7. Beef w. Mixed Vegetables    | 8.99 | 17.49 |
| W 8. Tofu w. Mixed Vegetables    | 5.50 | 10.49 |
| W 9. Chicken w. Broccoli         | 7.99 | 15.49 |
| W10. Beef w. Broccoli            | 9.49 | 17.99 |
| W11. Veal* w. Mixed Vegetables   | 9.99 | 19.99 |
| W12. Chicken w. Snow Peas        | 7.50 | 14.99 |
| W13. Beef w. Snow Peas           | 8.50 | 17.49 |
| W14. Chicken w. String Beans     | 7.50 | 14.99 |